

What to Bring to Camp Hope

*items are optional

CLOTHING:

Several changes of clothing – Layers work best as the temperature may vary throughout the day.

Pajamas/Sleepwear

Swimsuit

Shoes that can be worn for water activities

(Aqua socks, old tennis shoes, sandals with straps, but no thongs or flip flops)

Hiking shoes or sneakers

Light jacket or sweater

Heavier jacket for evenings and beach walks – Something waterproof

BEDDING:

Sleeping bag

Pillow

*Fitted sheet

Soiled Clothing Bag

Bag for Disposables

TOILETRY ITEMS:

Towel & wash cloth

Toilet articles such as: soap, toothbrush, shampoo etc.

OTHER:

*Flashlight

Water bottle

*Day pack

All medications must be in original bottles or packaging. **(Please keep them where you can easily get them out for registering upon arrival at camp.)**